



Nurture adventures work well as solo play. But research shows that when parents are present **even for just part of a session**, skills transfer more deeply. Children narrate, ask questions, and connect what they're learning to real life. Two chapters are worth playing together. You don't need the whole adventure — even 10 minutes changes what comes next.

## THE TWO CHAPTERS TO PLAY TOGETHER

### 1 CHAPTER 1 Building the family chat

**What happens:** Boing opens her family chat, a list of trusted adults she can always reach, and the crew works through who to call. Players help choose.

#### PAUSE HERE AND ASK

- Who would be in your family chat? Let's make a list.
- If something happened online and I wasn't around, who would you call?
- What would you say?

#### AFTER YOU PLAY

Build your child's actual trusted adult list together. Two or three names. Keep it somewhere they can see it — use the fillable section on this page.

### 3 CHAPTER 3 The strange tomato

**What happens:** A stranger appears in the family chat disguised as a tomato. It immediately starts asking for personal information. Players and Boing decide: answer or hang up?

#### PAUSE HERE AND ASK

- Why did that tomato feel different from the others?
- What would you do if someone you didn't know started asking you questions?
- What counts as private information?

#### AFTER YOU PLAY

Practice the action step: "If that ever happens for real — what do you do?" The answer: close it and come find me. Make it automatic, not scary.

## FIVE CONVERSATION STARTERS FOR AFTER

Who are your three trusted adults?

What's the difference between information you can share and information that's private?

If someone online asked where you live, what would you do?

What would Boing do if something online made her feel weird?

You'll never be in trouble for telling me something. You know that, right?

*The goal is confidence, not caution. End every conversation: "Now you know exactly what to do."*

## PRINTABLE

### Our family chat list

TRUSTED ADULT 1

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TRUSTED ADULT 2

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TRUSTED ADULT 3

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If something online feels wrong,  
close it and tell one of these people.